



---

On 25 November 2017, the CPME Board adopted the 'CPME Statement for EU-OSHA Healthy Workplaces Campaign "Healthy Workplaces for All Ages 2016-17"' (CPME 2017/072 FINAL).

---

### CPME Statement for EU-OSHA Healthy Workplaces Campaign "Healthy Workplaces for All Ages 2016-17"

*The Standing Committee of European Doctors (CPME) represents national medical associations across Europe. We are committed to contributing the medical profession's point of view to EU and European policy-making through pro-active cooperation on a wide range of health and healthcare related issues<sup>1</sup>.*

CPME is proud to be a partner of the 2016-2017 'Healthy Workplaces' campaign hosted by the European Agency for Health and Safety at Work (EU-OSHA).<sup>2</sup> CPME has a long-standing interest in occupational health and it has recognised its interrelation with healthy and active ageing.<sup>3</sup>

It is expected that by 2030, workers aged 55–64 make up one third of the workforce in many European countries, while at the moment their share is under one fifth.<sup>4 5</sup> At the same time, the retirement age is increasing and workers are likely to face longer working lives. Therefore, efforts must be made to ensure safe and healthy conditions throughout working life.

The ageing workforce presents various challenges. There will be more workers with chronic health problems and specific needs as their number has been increasing gradually.<sup>6</sup> Therefore, ensuring a sustainable working life helps to meet those challenges.

---

<sup>1</sup> CPME is registered in the Transparency Register with the ID number 9276943405-41. More information about CPME's activities can be found under [www.cpme.eu](http://www.cpme.eu).

<sup>2</sup> CPME's campaign pledge is accessible [here](#).

<sup>3</sup> Examples of CPME policies on occupational health and healthy and active ageing: [CPME Occupational Health Charter](#), adopted in 1980; [CPME Statement on Occupational Health](#), adopted in 1999; [The future of healthcare for the elderly](#), adopted in 2002; [CPME Statement on Mental Health in older people](#), adopted in 2010; [CPME & EMSA Joint Statement on Healthy ageing: prevention of frailty and functional decline](#), adopted in 2013; [CPME Statement on the Management of Chronic Conditions](#), adopted in 2013; [CPME Policy on Obesity](#), adopted in 2017.

<sup>4</sup> Ilmarinen, Juhani (2012). [Promoting active ageing in the workplace](#). EU-OSHA.

<sup>5</sup> Eurostat (2016). [LFS main indicators: Employment and activity: LFS Adjusted series: Employment and activity by sex and age](#).

<sup>6</sup> Eurostat (2016). [Degree of urbanization: Health: People having a long-standing illness or health problem, by sex, age and degree of urbanisation](#).



The promotion of healthy lifestyles and the prevention of ill-health throughout life is therefore a primary objective together with activities to support active and healthy ageing. European doctors reaffirm their commitment to:

- Engaging with patients, employers, social partners and other stakeholders in the development of policies to ensure safe and healthy conditions throughout working life
- Ensuring cooperation between doctors, in particular occupational physicians and general practitioners, to enable a patient-centred approach to preventing, and promoting participation and sustainable employability
- Encouraging trainings as a way of keeping older workforce continuously perceptive, versatile and intellectually stimulated
- Promoting a culture of 'Healthy Workplaces' by raising awareness of the importance of good occupational safety and health management and risk prevention throughout the working life
- Supporting the current EU policy on chronic diseases to increase the healthy life years of the European citizens
- Supporting the European Innovation Partnership on Active and Healthy Ageing (EIPAH) to foster innovation, and in particular the prevention of functional decline in older people
- Promoting long-term balanced diets and regular physical activity to keep the body and mind in shape for years
- Ensuring that older citizens have access to clear and evidence-based information on healthy lifestyles
- Promoting best practices for the prevention and treatment of chronic diseases