



On 19 November 2015, the CPME Executive Committee adopted the 'CPME Commitments to the EU Platform on Diet, Physical Activity and Health 2016-2017' (CPME 2015/103 FINAL)

**CPME Commitments to the EU Platform on Diet, Physical Activity and Health
2016-2017**

Building on its long-standing membership in the EU Platform for Diet, Physical Activity and Health, CPME commits to undertaking the following activities in coherence with the Platform's objective of contribute to the pursuit of healthy nutrition, physical activity and the fight against obesity.

Commitment 1: Informing the medical profession

CPME commits to continuously highlighting the topic of nutrition and physical activity on its agenda with help of the following measures:

1. CPME members will receive up-dates on developments relating to policy developments and the activities of the Platform at the bi-annual CPME Board meetings.
2. CPME members will be provided with information mailings in follow-up to meetings of the Platform. The information comprised in these mailings will also be made available on the members' section of the CPME website.
3. CPME members will be provided with information mailings on developments and activities in the field of diet, nutrition and physical activity at EU level. The information comprised in these mailings will also be made available on the members' section of the CPME website.

Commitment 2: Mapping national guidelines on the promotion of healthy lifestyles in primary care

From 2016 to 2017 CPME commits to mapping national guidelines for doctors addressing the promotion of healthy lifestyles in primary care.

1. CPME will compile an overview of guidelines which address the promotion of healthy lifestyles in relation to diets and physical activity. The objective is to present results for at least 14 Member States and identify, as feasible, the guidelines' source, evidence-base, and target audience.
2. CPME will analyse the guidelines as to the interventions/treatments/etc. covered and highlight in particular interventions
 - a) addressing children,
 - b) addressing health inequalities,
 - c) addressing physical activity